



CORONAVIRUS DISEASE - 2019



What is Coronavirus Disease -2019 (COVID-19)?
 COVID-19 is a new strain of Coronavirus that causes respiratory illness. The first case was identified in China.

How is it spread?



Contact with an infected person with COVID-19 virus through coughing or sneezing



Contact with contaminated surfaces or articles with the COVID-19 virus

How can I protect myself and others?



Regularly wash hands with soap and water, or use an alcohol based hand sanitizer



Avoid close contact with people who have flu-like symptoms

Signs and symptoms



Fever



Cough



Shortness of breath



Body ache



Headache



Cover your nose and mouth with tissue or cough and sneeze into your flexed elbow



Avoid handshaking hugging and kissing with people who have flu-like symptoms



Stay home and avoid travelling when you have flu-like symptoms

Protect yourself, family and community from COVID -19
 Anyone arriving from a country or area reporting COVID -19 is advised to isolate themselves for 14 days.

For further information contact:

The Head, Division of Disease Surveillance and Response.
 Ministry of Health
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